



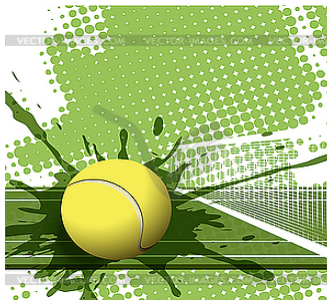
#ASmartChoice

# Mini Tennis Green Training

## Ages 8 – 11 Yrs



Footwork/Coordination Skills



Racket Skills



Match Play

## The Training Sessions



### Wednesday Training 7.00-8.00pm

Sessions will focus on the more technical and mental approach to now being on a full tennis court. The perception and receiving skills needed from the baseline.

### Saturday's Training and Fitness 12:00pm – 2pm

Sessions will focus on the tactical intentions of Trading (rallying consistently) Building (How to play a point) and Finishing (ending a point) as well as understanding the rules of tennis. The first part of this session is a 45-minute tennis specific fitness session.

Mini Tennis Award /match play days are run each term and to participate each player must be a British Tennis Member which is free via the [LTA.org.uk/BTM](http://LTA.org.uk/BTM)

EACH JUNIOR MUST BE A MEMBER OF BTSC TO ACCESS FACILITIES AND BE COVERED BY THE CLUBS INSURANCE. PAYABLE ONCE A YEAR ON APRIL 1<sup>ST</sup>.

Mini Tennis Match Play to be confirmed with medals and trophies to be handed out at presentation evening on Wednesday the 11<sup>TH</sup> DECEMBER 2019 at 7pm.

For any further information please contact Alison Head Coach on [aalstennis2@gmail.com](mailto:aalstennis2@gmail.com) and 07970403079 or Zoe on [zedwards837@gmail.com](mailto:zedwards837@gmail.com) or 07971898645

### Coaching

18<sup>TH</sup> SEPT  
25<sup>TH</sup> SEPT  
2<sup>ND</sup> OCT  
9<sup>TH</sup> OCT  
16<sup>TH</sup> OCT  
23<sup>RD</sup> OCT  
6<sup>TH</sup> NOV  
13<sup>TH</sup> NOV  
20<sup>TH</sup> NOV  
27<sup>TH</sup> NOV  
4<sup>TH</sup> DEC  
11<sup>TH</sup> DEC

### Fitness/Coaching

21<sup>ST</sup> SEPT  
28<sup>TH</sup> SEPT  
5<sup>TH</sup> OCT  
12<sup>TH</sup> OCT  
19<sup>TH</sup> OCT  
26<sup>TH</sup> OCT  
9<sup>TH</sup> NOV  
16<sup>TH</sup> NOV  
23<sup>RD</sup> NOV  
30<sup>TH</sup> NOV  
7<sup>TH</sup> DEC  
14<sup>TH</sup> DEC

Please Note. No Sessions on the 30<sup>th</sup> Oct and the 2<sup>nd</sup> Nov 2019

Wednesday	7.00pm - 8.00pm	COST	£98.00
Saturday fitness and Match Practice	12:00pm - 12:45pm 12:45pm - 2pm	COST	£115.00

Please return the following slip to Alison Smith c/o Burton Tennis and Squash Club, Ashby Road, Burton-on-Trent DE15 0LQ. Cheques made payable to Alison Smith. Places are restricted so **no late additions will be accepted.** Closing date for course is **SATURDAY 20<sup>TH</sup> JULY 2019.**

### MINI TENNIS GREEN GROUP

NAME..... DATE OF BIRTH.....

TELEPHONE..... SIGNATURE OF GUARDIAN.....,,

CONTACT NUMBER DURING COACHING SESSION.....,,

SATURDAY/ALL SESSIONS PLEASE CIRCLE

Any medical conditions.....

PLEASE WRITE ADDRESS WITH POSTCODE ON REVERSE OF SLIP

BTM NUMBER .....CURRENT EMAIL.....

Due to new GDPR laws please indicate if it's ok to retain your contact information

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